HUMSS Strand Courses — Checklist

■ HUMSS = Humanities and Social Sciences, the SHS strand for people, society, language, and ideas.

■ UPDATE: Under Strengthened SHS, strands were replaced by tracks (Academic + TechPro) and elective clusters — follow the Social Sciences and Humanities cluster for the HUMSS path.

■ Specialized subjects: Creative Writing, Creative Nonfiction, World Religions and Belief Systems, Community Engagement, Philippine Politics and Governance, Trends/Networks/Critical Thinking, Disciplines and Ideas in the Social Sciences, Disciplines and Ideas in the Applied Social Sciences, + Culminating Activity / Work Immersion.

■ Math in HUMSS: General Mathematics + Statistics and Probability (data focus, not heavy equations).

■ Top college courses: AB Political Science (pre-law), AB/BS Psychology, AB Communication/Journalism, Education (BEEd/BSEd), BS Social Work, Sociology, Anthropology, History, Philosophy, Literature, Criminology, Economics.

■ Careers: lawyer, teacher, counselor, journalist, social worker, HR specialist, PR officer, researcher, community organizer, policy advocate.

■ Colleges generally do NOT legally require the HUMSS strand for these programs — HUMSS gives preparation, not a requirement.

■ HUMSS is NOT easy: heavy reading and writing (research papers, position papers, case analyses).

■ Myths busted: HUMSS has math; HUMSS is not only for lawyers; the path continues under Strengthened SHS clusters.

■ Ask your counselor: which elective cluster matches the HUMSS path at our school?

Source: matatagcurriculums.com — HUMSS Strand Courses guide