

Kindergarten MATATAG Weekly Lesson Plan Exemplars

Kindergarten – Filipino (Week 1)

I. Objectives

- - Makilala ang sariling pangalan gamit ang mga larawan at simpleng simbolo.
- - Makibahagi sa usapan sa loob ng klase gamit ang simpleng pananalita (e.g. “Ako si...”).
- - Makinig at tumugon sa mga simpleng tanong tungkol sa sarili.

II. Content

Pagpapakilala ng Sarili (MELC: Naipakikilala ang sarili - K-FIL-1.1)

III. Learning Resources

- - Name tag templates
- - Manila paper / Chart
- - Song: 'Ako Ay Isang Bata'
- - Flashcards / puppets
- - Picture book: 'Ako ay Ako'

Kindergarten – English (Week 1)

I. Objectives

- - Identify and respond to the sound of one’s name when called.
- - Use simple greetings like 'Hello' and 'Good morning.'
- - Participate in simple songs and chants in English.

II. Content

Name Recognition and Greetings (MELC: K-ENG-1.1)

III. Learning Resources

- - Flashcards with learner names
- - 'Good Morning Song'
- - Puppet for roleplay

Kindergarten – Mathematics (Week 1)

I. Objectives

- - Count numbers 1 to 5 through songs and physical activities.
- - Identify basic shapes: circle, square, triangle.

II. Content

Numbers 1–5; Basic Shapes (MELC: K-MATH-1.1)

III. Learning Resources

- - Counting songs
- - Shape blocks
- - Flashcards

Kindergarten – Science (Week 1)

I. Objectives

- - Identify body parts through songs and gestures.
- - Show awareness of personal cleanliness.

II. Content

Body Parts and Cleanliness (MELC: K-SCI-1.1)

III. Learning Resources

- - 'Head, Shoulders, Knees, and Toes' song
- - Body part charts
- - Hygiene kits

Kindergarten – GMRC (Week 1)

I. Objectives

- - Show respect by greeting and saying 'po' and 'opo.'
- - Demonstrate kind behavior during group activities.

II. Content

Respect and Kindness (MELC: K-GMRC-1.1)

III. Learning Resources

- - Short story/skit
- - Picture cards (e.g., 'Nagmano', 'Nagbigay')

Kindergarten – Makabansa (Week 1)

I. Objectives

- - Identify the Philippine flag and its colors.
- - Participate in flag ceremony and show respect.

II. Content

National Symbols – The Flag (MELC: K-MKB-1.1)

III. Learning Resources

- - Philippine flag
- - 'Lupang Hinirang' song
- - Flashcards of symbols

Kindergarten – MAPEH (Week 1)

I. Objectives

- - Move rhythmically to music.
- - Express feelings through drawing and color.

II. Content

Movement and Visual Expression (MELC: K-MAPEH-1.1)

III. Learning Resources

- - 'If You're Happy' song
- - Crayons and art paper
- - Percussion instruments

Grade 1 MATATAG Weekly Lesson Plan Exemplars

Grade 1 – Filipino (Week 1)

I. Objectives

- - Nababasa ang mga salitang may pantig na CV (consonant-vowel).
- - Naiuugnay ang tunog ng letra sa salita (e.g., a – aso, b – bola).
- - Nakikilahok sa pagbabasa ng maiikling salita.

II. Content

Pagkilala sa mga pantig (MELC: F1WG-Ia-1.1)

III. Learning Resources

- - Pantig flashcards
- - Big book
- - Chalkboard/whiteboard
- - Pictorial word cards

Grade 1 – English (Week 1)

I. Objectives

- - Recognize and read CVC words (e.g., cat, dog, bat).
- - Match pictures to corresponding words.
- - Participate in oral reading activities.

II. Content

Reading CVC Words (MELC: EN1PR-Ia-1.1)

III. Learning Resources

- - CVC word cards
- - Picture books
- - Pocket chart
- - Worksheets

Grade 1 – Mathematics (Week 1)

I. Objectives

- - Count and write numbers from 1 to 20.
- - Identify numbers before, after, and between.
- - Represent numbers using objects.

II. Content

Numbers 1–20 (MELC: M1NS-Ia-1.1)

III. Learning Resources

- - Number charts
- - Counting blocks
- - Flashcards
- - Math journals

Grade 1 – Science (Week 1)

I. Objectives

- - Identify the five senses and their functions.
- - Use body parts to describe surroundings.
- - Participate in sensory activities.

II. Content

The Five Senses (MELC: S1LT-Ia-1.1)

III. Learning Resources

- - Charts of body parts
- - Real objects for sensory play
- - Songs and videos

Grade 1 – GMRC (Week 1)

I. Objectives

- - Show respect by saying 'po' and 'opo'.
- - Practice good manners during group work.
- - Listen attentively when others speak.

II. Content

Basic Respect and Listening Skills (MELC: GMRC1-RE-Ia-1.1)

III. Learning Resources

- - Storytelling visuals
- - Scenario cards
- - Puppets for roleplay

Grade 1 – Makabansa (Week 1)

I. Objectives

- - Identify the Philippine flag and recite 'Ako ay Pilipino'.
- - Show love and respect for national symbols.
- - Participate in the flag ceremony.

II. Content

National Symbols and Identity (MELC: MKBS1-NS-Ia-1.1)

III. Learning Resources

- - Flag images
- - 'Ako ay Pilipino' lyrics
- - Crayons and worksheets

Grade 1 – MAPEH (Week 1)

I. Objectives

- - Follow simple movement directions to music.
- - Identify colors and use them creatively in artwork.
- - Participate in singing short melodic patterns.

II. Content

Rhythmic Movement and Color Use (MELC: MAPEH1-MU-Ia-1.1 / AR1-Ia-1.1)

III. Learning Resources

- - Music player
- - Coloring materials
- - Art paper
- - Percussion instruments

Grade 1 – EPP/TLE (Week 1)

I. Objectives

- - Demonstrate proper handwashing steps.
- - Participate in basic self-care and home tasks.
- - Identify personal hygiene tools.

II. Content

Self-care and Hygiene (MELC: EPP1-HE-Ia-1.1)

III. Learning Resources

- - Hygiene kit
- - Picture cards
- - Wash basin (demo)
- - Checklist posters

Grade 1 – Mother Tongue (Week 1)

I. Objectives

- - Recognize and read basic words in the mother tongue.
- - Use familiar expressions to describe oneself.
- - Participate in storytelling using local language.

II. Content

Pagpapakilala sa Sarili (MELC: MTB1-SS-Ia-1.1)

III. Learning Resources

- - Storybook in mother tongue
- - Flashcards
- - Songs in local dialect

Grade 2 MATATAG Weekly Lesson Plan Exemplars

Grade 2 – Filipino (Week 1)

1. I. Objectives

- - Nababasa ang mga salitang may dalawang pantig na may kayarian na KVK (e.g., mesa, tasa).
- - Nakikilala ang gamit ng malalaking titik sa simula ng pangungusap.
- - Nakikilahok sa pagbasa ng simpleng pangungusap.

2. II. Content

Pagbasa ng mga Salitang KVK; Paggamit ng Malalaking Titik (MELC: F2WG-Ia-1.1)

3. III. Learning Resources

- - Word flashcards
- - Chart ng mga simpleng pangungusap
- - Worksheets
- - Picture book

Grade 2 – English (Week 1)

4. I. Objectives

- - Read and understand short sentences using sight words.
- - Identify naming words (nouns) in sentences.
- - Respond to questions about a short story.

5. II. Content

Sight Words and Nouns (MELC: EN2G-Ia-1.1 / EN2RC-Ia-1.2)

6. III. Learning Resources

- - Sight word flashcards
- - Storybook
- - Noun sorting game
- - Charts and worksheets

Grade 2 – Mathematics (Week 1)

7. I. Objectives

- - Read and write numbers up to 100.
- - Skip count by 2s, 5s, and 10s.
- - Compare numbers using greater than, less than, or equal to.

8. II. Content

Number Concepts up to 100 (MELC: M2NS-Ia-1.1)

9. III. Learning Resources

- - Number line
- - Flashcards
- - Counters
- - Skip counting songs

Grade 2 – Science (Week 1)

10. I. Objectives

- - Identify the basic needs of living things (food, water, shelter, air).
- - Explain why these needs are important.
- - Participate in a class discussion and activity.

11. II. Content

Needs of Living Things (MELC: S2LT-Ia-1.1)

12. III. Learning Resources

- - Visual aids
- - Real objects (plants, water bottle, food samples)
- - Storytelling video

Grade 2 – GMRC (Week 1)

13. I. Objectives

- - Show kindness by helping others.
- - Demonstrate honesty in words and actions.
- - Reflect on situations involving right and wrong.

14. II. Content

Kindness and Honesty (MELC: GMRC2-RE-Ia-1.1)

15. III. Learning Resources

- - Role-play scenarios
- - Storybook
- - Value cards

Grade 2 – Makabansa (Week 1)

16. I. Objectives

- - Identify national symbols and their meaning.
- - Show respect to the Philippine flag.
- - Sing the national anthem properly.

17. II. Content

National Symbols (MELC: MKBS2-NS-Ia-1.1)

18. III. Learning Resources

- - Flag images
- - ‘Lupang Hinirang’ audio/video
- - Coloring sheets

Grade 2 – MAPEH (Week 1)

19. I. Objectives

- - Perform simple rhythmic patterns.
- - Sing songs with correct pitch.
- - Create artworks using lines and shapes.

20. II. Content

Rhythm and Lines in Art (MELC: MAPEH2-MU-Ia-1.1 / AR2-Ia-1.1)

21. III. Learning Resources

- - Music player
- - Drawing materials
- - Art samples
- - Flashcards for rhythms

Grade 2 – EPP/TLE (Week 1)

22. I. Objectives

- - Identify proper grooming tools.
- - Practice cleaning personal belongings.
- - Demonstrate responsibility at home.

23. II. Content

Personal Grooming and Responsibility (MELC: EPP2-HE-Ia-1.1)

24. III. Learning Resources

- - Hygiene kit
- - Responsibility chart
- - Flashcards

Grade 2 – Mother Tongue (Week 1)

25. I. Objectives

- - Recognize and read familiar words in the local language.
- - Use polite expressions in daily conversation.
- - Participate in story sharing.

26. II. Content

Pagkilala at Pakikibahagi sa Kuwento (MELC: MTB2-SS-Ia-1.1)

27. III. Learning Resources

- - Flashcards
- - Local language storybook
- - Puppets

Grade 3 Weekly Lesson Plan (Exemplar)

Week: 1

Theme/Focus: Pagpapakilala sa Sarili, Paaralan, at Bansa

Filipino

Learning Competency: Naiuugnay ang sarili sa pamilya, paaralan, at pamayanan

Objective: Naibabahagi ang sariling karanasan gamit ang mga angkop na salita sa Filipino.

Activities:

- - Panimulang kwentuhan: "Ang Aking Sarili"
- - Paglikha ng "Aking Profile" gamit ang pagsulat at pagguhit
- - Paglalarawan sa sarili sa harap ng klase

Assessment: Oral presentation ng sariling pagkakakilanlan

English

Learning Competency: Uses simple sentences to talk about oneself

Objective: Construct and say simple sentences to introduce oneself.

Activities:

- - Sentence-making using "I am...", "My name is...", "I live in..."
- - Pair-share introduction activity
- - Class survey: "Find someone who..."

Assessment: Short oral introduction in complete sentences

Math

Learning Competency: Reads and writes numbers up to 1,000

Objective: Read, write, and compare numbers up to 1,000.

Activities:

- - Place value drill using number cards
- - Comparing numbers using symbols $<$, $>$, $=$
- - Group activity: Build numbers using blocks

Assessment: Seatwork: number writing and comparison worksheet

Science

Learning Competency: Classifies objects based on observable properties

Objective: Identify and group objects based on texture, shape, size, etc.

Activities:

- - Observation activity using classroom objects
- - Grouping game: "Sort Me If You Can!"
- - Class discussion on why classification is helpful

Assessment: Performance task: sorting and explaining choices

GMRC (Good Manners and Right Conduct)

Learning Competency: Shows honesty and truthfulness in actions

Objective: Identify honest and dishonest behaviors and their consequences.

Activities:

- - Story: "Ang Matapat na Bata"
- - Role-playing situations on honesty
- - Group discussion: "Piliin ang Tama"

Assessment: Participation in role-play and oral sharing

Makabansa (Edukasyong Makabayan)

Learning Competency: Explains the importance of national symbols

Objective: Identify key Philippine symbols and explain their meanings.

Activities:

- - Picture talk on Philippine symbols (flag, anthem, eagle, etc.)
- - Matching symbols with meanings
- - Drawing activity: "Ang Paborito Kong Simbolo ng Pilipinas"

Assessment: Worksheet on symbols and their meanings

MAPEH (Music, Arts, PE, Health)

Activities:

- - Music: Clapping patterns
- - Arts: Drawing "My Favorite Place" using lines and shapes
- - PE: Locomotor relay
- - Health: Toothbrushing demonstration

Assessment: Participation and performance rubric

EPP/TLE (Edukasyong Pantahanan at Pangkabuhayan / Technology and Livelihood Education)

Learning Competency: Recognizes proper ways of caring for school and home materials

Objective: Show correct handling of basic school/home tools and materials.

Activities:

- - Show-and-tell of classroom items
- - Demonstration of care for books, scissors, etc.
- - Group poster-making: "Tamang Pag-aalaga ng Gamit"

Assessment: Poster presentation and short quiz

Mother Tongue

Learning Competency: Uses local vocabulary to describe oneself and surroundings

Objective: Use the local language to talk about self and family.

Activities:

- - Panayam: “Sino Ako?” gamit ang wikang katutubo
- - Pagbuo ng simpleng talata tungkol sa sarili
- - Pag-awit ng katutubong awitin

Assessment: Oral description and paragraph writing

Grade 4 Weekly Lesson Plan (Exemplar)

Week: 1

Theme/Focus: Ako, Aking Pamilya, at Pamayanan

Filipino

Learning Competency: Naibabahagi ang sariling karanasan na may kaugnayan sa paksa

Objective: Naikukuwento ang sariling karanasan tungkol sa pamilya gamit ang mga angkop na salita.

Activities:

- - Kwentuhan: “Ang Aking Pamilya”
- - Pagsulat ng talata tungkol sa isang karanasan kasama ang pamilya
- - Pagbabahagi sa harap ng klase

Assessment: Pagsusulat ng isang talata at oral sharing

English

Learning Competency: Uses complete sentences to describe oneself and family

Objective: Write and speak simple paragraphs describing self and family.

Activities:

- - Reading sample paragraph about family
- - Guided writing activity: “My Family and Me”
- - Oral sharing of written paragraph

Assessment: Written paragraph and oral presentation

Math

Learning Competency: Reads and writes numbers up to 100,000

Objective: Read and write numbers in standard and expanded form.

Activities:

- - Place value chart drill
- - Number writing games
- - Expanded form practice

Assessment: Worksheet on standard and expanded forms

Science

Learning Competency: Describes the different forms of matter

Objective: Identify and classify solid, liquid, and gas through observation.

Activities:

- - Group observation of different materials
- - Sorting activity: Solid, Liquid, or Gas
- - Short group report

Assessment: Classification worksheet and participation in activity

GMRC

Learning Competency: Demonstrates responsibility at home and in school

Objective: Identify responsible actions in different situations.

Activities:

- - Scenario analysis: “Anong Gagawin Ko?”
- - Group discussion: Mga gawaing bahay
- - Classroom task assignment

Assessment: Participation and completion of task assignment

Makabansa

Learning Competency: Explains the importance of Filipino values and symbols

Objective: Recognize Filipino values and relate them to national symbols.

Activities:

- - Group poster on Filipino values
- - Discussion of flag, anthem, and emblem
- - Sabayang pag-awit ng Lupang Hinirang

Assessment: Poster presentation and oral recitation

MAPEH

Activities:

- - Music: Sing Philippine folk song with correct pitch
- - Arts: Draw traditional Filipino family scene
- - PE: Warm-up exercises and group games
- - Health: Identify healthy habits at home

Assessment: Rubrics on singing, drawing, and health participation

EPP/TLE

Learning Competency: Demonstrates proper use of tools in home and school

Objective: Identify and use basic home tools properly.

Activities:

- - Demonstration of tools like dustpan, broom, scissors
- - Safety rules discussion
- - Group activity: “Tamang Gamit, Tamang Paraan”

Assessment: Oral quiz and safety checklist task

Mother Tongue

Learning Competency: Uses appropriate expressions in daily conversation

Objective: Communicate personal experiences using local language.

Activities:

- - Kuwentuhan sa sariling wika

- - Pagbuo ng dayalogo tungkol sa karanasan
- - Pagtatanghal ng maikling usapan

Assessment: Pagsusulat at pagtatanghal ng dayalogo

Grade 5-10 Weekly Lesson Plan (Exemplar)

Week: 1

Theme/Focus: Pagkilala sa Sarili at Pagpapahalaga sa Pamilya at Komunidad

Filipino

Learning Competency: Naiisa-isa ang mga tiyak na detalye sa napakinggang kuwento

Objective: Nabibigyang-hinuha ang damdamin ng tauhan sa kuwento batay sa kilos at pananalita.

Activities:

- - Pakikinig sa kwento: “Ang Batang Mapagpakumbaba”
- - Pagtukoy sa damdamin ng tauhan gamit ang graphic organizer
- - Talakayan ukol sa sariling karanasan na may katulad na damdamin

Assessment: Pagsagot sa mga tanong at oral sharing

English

Learning Competency: Constructs a paragraph with a main idea and supporting details

Objective: Write a well-structured paragraph about oneself and family.

Activities:

- - Reading model paragraph
- - Identifying topic sentence and supporting details
- - Guided writing: “Who I Am”

Assessment: Written paragraph with rubric

Math

Learning Competency: Identifies and uses factors and multiples

Objective: Determine the factors and multiples of a given number.

Activities:

- - Prime and composite number sort
- - Factor trees and multiples table
- - Group game: "Factor Bingo"

Assessment: Seatwork and quiz on factors/multiples

Science

Learning Competency: Describes the interactions of living things with each other and with their environment

Objective: Explain the roles of organisms in an ecosystem.

Activities:

- - Food chain and food web activity
- - Group poster-making: "Buhay sa Kagubatan"
- - Observation video of a forest ecosystem

Assessment: Poster presentation and worksheet

GMRC

Learning Competency: Shows appreciation for one's family

Objective: Recognize ways to show love and respect at home.

Activities:

- - Story sharing: "Ang Aking Ina"
- - Role-playing family situations
- - Personal reflection writing

Assessment: Performance task and reflection paper

Makabansa

Learning Competency: Identifies key historical events in the development of Filipino identity

Objective: Describe significant events that shaped Filipino identity.

Activities:

- - Timeline creation of Philippine history highlights
- - Group discussion: “Bakit Mahalaga ang Kasaysayan?”
- - Mapping activity of historical sites

Assessment: Short quiz and group presentation

MAPEH

Activities:

- - Music: Rhythm clapping with notation
- - Arts: Creating paper collage on family life
- - PE: Fundamental movement review
- - Health: Identifying nutritious and junk food

Assessment: Participation and rubric-based evaluation

EPP/TLE

Learning Competency: Applies safety rules in the use of kitchen tools and appliances

Objective: Demonstrate safe use of kitchen tools.

Activities:

- - Discussion of kitchen safety symbols
- - Demo: Proper use of peeler, knife (teacher only), measuring cups
- - Group activity: Kitchen safety poster

Assessment: Safety checklist and oral quiz

